



## NET ZERO SUFFOLK CASE STUDY

Vipassana Trust received a free carbon footprint and decarbonisation plan report by Groundwork East, funded by Suffolk County Council.

Vipassana Trust is an educational charity that provides residential Vipassana meditation courses to the public on a donation basis. In Suffolk, the charity operates from Walnut Tree Manor; a farmstead dating back to the seventeenth century.



### ✓ Roof Insulation

Upgrading the roof insulation to modern standards was estimated to save of 17tCO<sub>2</sub>e.

### ✓ Heating System Upgrade

One of the new outer buildings already benefitted from an Air Source Heat Pump (ASHP) so the neighbouring new outer building appeared a good candidate for the same heating system.

### ✓ Solar PV and Battery

There was still viable roof space available for new, modern solar panels. It was estimated that additional solar panels could save 6.8tCO<sub>2</sub>e and a solar battery could save a further 1.5tCO<sub>2</sub>e.

*"We were happy to discover new things that we could do to improve efficiency and reduce our impact"*

**Piers Messum,**  
Trustee

**Interested in this free support?**

**Get in touch via:**

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