

WHITE TARA achieves Silver Carbon Charter status!

White Tara offers a wide range of therapies including massage, reflexology and other complementary therapies from its therapy centre in Newmarket.

In Spring 2017, the business acquired its current premises and undertook an extensive refurbishment project. The owners sought advice from BEE Anglia (www.beeanglia.org) as to how best to achieve energy efficiency savings and subsequently received grant funding for LED lighting, insulation and installation of Air Source Heat Pumps.

As a Silver level Carbon Charter award holder, White Tara has been recognised for good practice carbon saving with successes already made and opportunities to do more.

Actions taken to reduce emissions:

- Since 2016 White Tara has demonstrated an 80% reduction in carbon emissions
- Lights have been replaced with LED bulbs
- Air Source Heat Pumps have replaced the old, inefficient heating system
- Leaky windows have been replaced with double glazed units
- Sensors lights ensure lights are switched off automatically when not required
- Staff are reminded to switch off appliances. and encouraged to use sustainable transport to travel to work
- Effective recycling diverts waste from landfill

